

CALIFORNIA HORSE RACING BOARD

**DIRECTIVE 01-22**

Date : July 8, 2022

To : Associations, Clockers, Owners, and Trainers Organizations

From : SCOTT CHANEY, EXECUTIVE DIRECTOR

Subject : **WORKOUT REGULATIONS**

Over the last few years, rules have been promulgated by the CHRB that create regulatory protocols surrounding workouts. These include, but are not limited to, medication restrictions, IA injection restrictions, shockwave therapy and veterinary examinations. The CHRB is considering additional rules that limit the accumulation of high-speed furlongs over time.

Current CHRB Rules 1878 and 1866.2 define workout as an “exercise session near full speed, or close to full speed.” Additionally, the Authority created by HISA has several rules that involve workouts, and it defines workout in rule 2010 as “an official timed running of a Covered Horse over a predetermined distance not associated with a race.” Historically, with the exception of two-year-olds early in the year, workouts less than 3 furlongs have not been timed and recorded.

In order to promote transparency for the wagering public, to comply with the requirements of HISA and to make it clear that all of the regulations related to workouts apply to any exercise session near full speed or close to full speed regardless of distance, trainers are directed to comply with the provisions of CHRB Rule 1878 for all distances including those less than 3 furlongs and clockers/associations are directed to record and publish all exercise sessions near full speed or close to full speed including those less than 3 furlongs.

Effective immediately, the CHRB will file a complaint for failure to comply with the workout regulations, regardless of distance.

A copy of CHRB Rule 1878 is attached for reference on page 2:

Rule No.	Rule Title
1878	Workouts.
Rule Text	<p>(a) No trainer shall permit a horse in his charge to be taken onto the track for training or a workout except during hours designated by the association, and a trainer desiring to engage a horse in a workout shall prior to such workout identify the horse by name when requested to do so by the stewards or their authorized representative.</p> <p>(b) A horse shall not be permitted to workout unless:</p> <p>(1) The horse has been examined by the trainer's attending veterinarian during the seventy-two (72) hours immediately preceding the workout for the express purpose of evaluating the horse's fitness to workout; and</p> <p>(2) An evaluation has been conducted by the attending veterinarian and a determination has been made that the horse is fit to workout.</p> <p>(A) The examination shall include, but not be limited to, close inspection of the eyes, examination of the legs, and observation of the horse at rest and while in motion.</p> <p>(B) The attending veterinarian and trainer shall inform the Official Veterinarian of any changes in the horse's fitness after examination and before workout.</p> <p>(C) The evaluation shall be recorded in the Veterinarian Report in accordance with section 1842.</p> <p>(c) For the purpose of this section, "workout" means an exercise session near full speed, or close to full speed.</p>
	<p>NOTE: Authority cited: Sections 19440 and 19562, Business and Professions Code. Reference: Sections 19440 and 19562, Business and Professions Code.</p> <p>HISTORY: 1. Amendment filed 11-10-21; effective 1-1-22.</p>