

HISA Rules & Requirements for Thoroughbred Jockeys



5 Things Jockeys Need to Know by July 1st



**HISA
registration**



**Fitness to race
assessments & exams**



**Continuing
education**



**Equipment standards
& requirements**



**Riding
crop rule**

To Do Before July 1st



Register with HISA at
<https://hisaus.org>



Provide certification of your fitness to participate as a jockey (results of a physical examination & baseline concussion test) within the previous 12 months



You must have an information card describing your medical history attached to the inside of your safety vest when riding. This card should include any serious medical conditions, including previous injuries, drug allergies & current medications



Helmet & safety vest must meet all HISA requirements



Familiarize yourself with the new riding crop rule & riding crop specifications at <https://hisaus.org>

Registration



Who Needs To Register:

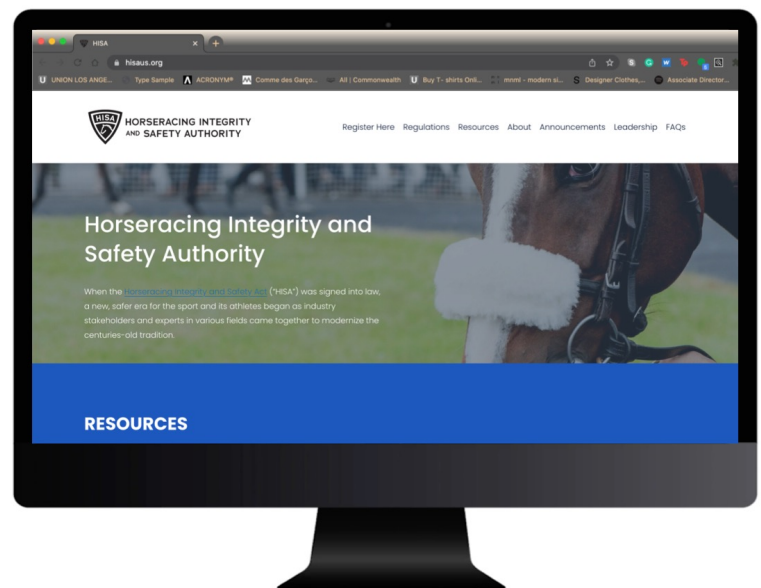
You must register as a Covered Person if you are licensed by a State Racing Commission & have any involvement with thoroughbred Covered Horses or thoroughbred Covered Horseraces. This includes jockeys & jockeys' agents.

WHERE TO REGISTER:
<https://hisaus.org>

Information Required for Registration:

You must provide the following information:

- | Name
- | Physical & permanent mailing addresses
- | Email address or mobile phone number
- | All State Racing Commissions with which you are licensed
- | Occupation for which you are licensed in each jurisdiction
- | Photograph of at least 1 valid license issued by an SRC
- | For Jockeys: Agent name
- | For Jockeys' Agents: Jockey(s) represented



Equipment Standards & Requirements



Helmet & Safety Vest



Required when you are mounted on a horse



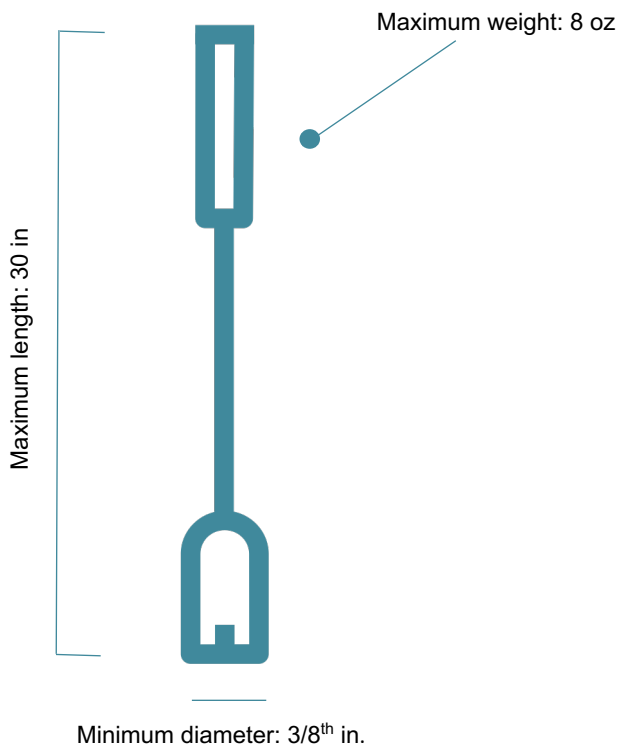
To be inspected by stewards at the start of the race meet & at random



Cannot be altered in any way & must comply with 1 of the minimum safety standards outlined in the Racetrack Safety Rules



Product labels cannot be removed or defaced



Riding Crop

Shaft:

- | Smooth without any protrusion or raised surface
- | Covered in shock absorbing material with minimum compression factor of 1 mm (2/50^{ths} in)
- | No binding within 7 in of end of shaft

Only permitted attachment: smooth foam cylinder without reinforcements or additions

- | Maximum length beyond shaft: 1 in
- | Minimum diameter: 0.8 in
- | Maximum width: 1.6 in
- | Compression factor: at least 5 mm (1/5th in)
- | Made of waterproof, ultraviolet & chemical resistant shock-absorbing material
- | Replaced after reasonable wear & tear

Riding Crop Rule



Crop Use

A jockey or exercise rider can only use a riding crop in a race or workout:

- | To maintain the horse's focus & concentration for the safety of both horse & rider
- | For encouragement to achieve optimal performance

The crop can be used during a race or workout:

- | On the horse's hindquarters no more than 6 times & in increments of no more than 2 strikes before allowing horse to respond for at least 2 strides
- | To tap the horse's shoulder while both hands are holding the reins & touching neck
- | To show or wave to the horse without making contact
- | To preserve your & your horse's safety

The crop cannot be used:

- | If your wrist is raised above your helmet
- | Anywhere except the horse's shoulders or hindquarters
- | In a manner that injures the horse or leaves physical marks
- | Persistently without response from the horse
- | After the horse has attained its maximum placing in the race
- | During the post parade or after the finish of the race unless you are avoiding a dangerous situation
- | On two-year-old horses in races before April 1 each year unless you are avoiding a dangerous situation
- | To strike another person or horse

When a jockey rides without a crop, that fact shall be declared at entry, included in the official racing program & announced via the racetrack's public address system

Penalties

Classification	Violation	Penalty
3	1-3 strikes over 6-strike limit	Fine: \$250 or 10% of jockey's portion of purse, whichever is greater Jockey suspension: 1+ day 3 Points (expire after 6 mos)
2	4-9 strikes over 6-strike limit	Fine: \$500 or 20% of jockey's portion of purse, whichever is greater Horse disqualified from purse earnings Jockey suspension: 3+ day 5 Points (expire after 9 mos)
1	10 or more strikes over 6-strike limit	Fine: \$750 or 30% of jockey's portion of purse, whichever is greater Horse disqualified from purse earnings Jockey suspension: 5+ day 10 Points (expire after 1 yr)
Multiple	11-15 points	7-day jockey suspension
Multiple	16-20 points	15-day jockey suspension
Multiple	20+ points	30-day jockey suspension

Jockey Health Reporting Requirements



Annual Fitness to Race Exam



Undergo a physical exam with a licensed physician within the 12 months prior to registration & every year thereafter to re confirm your fitness to race



Complete a baseline concussion test within the 12 months prior to registration & every year thereafter



Submit the fitness to race report & concussion test results to HISA & the SRC with which you are licensed



Stewards may require you to be re examined & may refuse to allow you to ride or race until the exam is completed

Return to Racing Assessment

Anytime you are unseated from your horse, you must be examined by the Racetrack's medical team

If the medical team determines further examination or hospitalization is required, you must:

- | Obtain a physician's note indicating fitness to return to riding & racing
- | Undergo a concussion exam & be cleared according to its protocols
- | Submit the physician's assessment & concussion exam to the SRC & HISA



Health Information Card

You must have an information card describing your medical history attached to the inside of your safety vest when riding. This card should include any serious medical conditions, including:

- | Previous injuries
- | Drug allergies
- | Current medications

You may utilize your own card or you can download one from InCompass' Jockey Health Information System

Continuing Education



Jockeys & exercise riders must complete at least 2 hours of continuing education on safety, rider &/or racetrack protocols prior to the beginning of a Race Meet.

For example, participation in a Racetrack's pre-meet safety orientation is acceptable. Additional HISA accepted programs will be identified in the near future.

Jockeys & exercise riders must maintain documentation of continuing education & submit documentation to HISA when requested.

